



## Maine State Board of Nursing

295 WATER STREET

AUGUSTA, MAINE 04330

In Re: ) CONSENT AGREEMENT PURSUANT  
Helen-Beth McManus, R.N. ) TO 32 M.R.S.A. § 2105-A  
of South Portland, Maine ) (1-A)(C)

This Consent Agreement is entered into by and among Helen-Beth McManus, R.N., the Maine State Board of Nursing (hereinafter "the Board") and the Department of the Attorney General, State of Maine. By letter dated December 28, 1987, Helen-Beth McManus was advised by the Board that it had received a complaint from Alice Cirillo, R.N., Director, Medical Nursing at Maine Medical Center, charging drug dependency and diversion. Ms. McManus responded by letter dated December 23, 1987 in which she admitted drug misappropriation and abuse and enclosed her license for voluntary surrender. Subsequently, the Board requested that Ms. McManus attend an informal conference pursuant to 32 M.R.S.A. § 2105-A(1-A). At the informal conference, held on February 4, 1988, Ms. McManus was present without counsel.

Following the conference, the Board made the following findings of fact:

A. FINDINGS OF FACT.

1. Ms. McManus admits diversion of drugs, specifically demerol, from the institution, in violation of 32 M.R.S.A. § 2105(2)(F) and 10-380 CMR 4.3(P). She did not divert drugs from patients.
2. Ms. McManus admits she used and abused the drugs at work, in violation of 32 M.R.S.A. § 2105(2)(B), (E) and (F) and 10-380 CMR 4.3(F), (N), (O) and (Q).
3. Ms. McManus has a prior history of alcohol and substance abuse.
4. Ms. McManus has resigned from her nursing position at Maine Medical Center, has voluntarily surrendered her license and is currently in treatment with an Registered Substance Abuse Counselor.
5. Ms. McManus is currently chemical free.

B. COVENANTS

Pursuant to 32 M.R.S.A. § 2105-A(1-A)(C), the Board voted to accept the voluntary surrender of Ms. McManus' R.N. license for a period of two years, retroactive to January 1, 1988. The Board will take no further action on the Cirillo complaint if Ms. McManus meets the following conditions:

1. Ms. McManus must remain chemical free.
2. Ms. McManus must not work in any nursing position.
3. Ms. McManus must continue with her counseling program and attendance at Alcoholics Anonymous and Narcotics Anonymous sessions as recommended by her Registered Substance Abuse Counselor.
4. Ms. McManus must arrange for quarterly reports regarding her progress to be submitted to the Board from her RSAC. Ms. McManus waives any claims of confidentiality or privilege with respect to information and reports related to her substance abuse treatment.

Ms. McManus may apply for reinstatement of her license after January 1, 1990. She understands and agrees that the Board, at that time, may impose a probationary status with conditions on any license granted.

Dated: 18 Feb 88

Helen-Beth McManus  
Helen-Beth McManus

MAINE STATE BOARD OF NURSING

Dated: 2/25/88

Jean C. Caron  
By: Jean C. Caron, R.N.  
Executive Director

Dated: Feb. 26, 1988

Martha F. Willard  
Martha F. Willard  
Assistant Attorney General  
Counsel to the State  
Board of Nursing